

**Patient History & Physical**

Date \_\_\_\_\_

Name (First & Last) \_\_\_\_\_ Acct. # \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

OB/GYN Physician: \_\_\_\_\_

**Gender Identity:**

Male  Female  Additional gender category/other **please specify** \_\_\_\_\_

Choose not to disclose

**Home Address:** \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number: Home ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_ Work ( ) \_\_\_\_\_

**PLEASE LIST ANY OTHER PHYSICIANS TO WHOM YOU WOULD LIKE COPIES OF INFORMATION SENT:**

	<u>Name</u>	<u>Problem Cared For</u>
1.	_____	_____
2.	_____	_____
3.	_____	_____

**Pharmacy:** Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Address: \_\_\_\_\_

**Medications:** Please list **ALL** current prescriptions and over-the-counter medications. Include herbals, supplements, and vitamins.

Medication	Dosage (ex. mg, ml,)	How often	When prescribed

**LATEX ALLERGY**  Yes  No

**Are you on Oxygen?**  Yes  No

**Allergies:** Are you allergic to any medications?  Yes  No If yes, please list the medication **and** type of reaction:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**PATIENT INSTRUCTIONS: Please make sure you complete all 5 pages • Do NOT detach any pages from the stub**

Name (First & Last) \_\_\_\_\_ Acct. # \_\_\_\_\_

**Hospitalizations/Surgeries: Please list all hospitalizations and surgeries:**

Date	Reason for Hospitalizations or Type of Surgery	Where	Doctor

**Procedures: Please list procedure details and year occurred (e.g. pacemaker, dental extractions):**

Date	Procedure	Where	Doctor

Previous Treatment for Cancer (if applicable)	Mo./Yr.	Radiation Site / Chemo Type	Where Treated
Radiation Therapy			
Chemotherapy/Immunotherapy/Targeted Therapy			
Hormone Therapy			

**Blood Transfusions:** Have you ever had a blood transfusion?  Yes  No If yes, did you have a reaction?  Yes  No  
 Date of Last Transfusion: \_\_\_\_\_

**Personal Medical History: Please check if you have had or currently have any of the following. Include date of diagnosis**

	Date
<input type="checkbox"/> Anemia	
<input type="checkbox"/> Arthritis/Chronic Pain	
<input type="checkbox"/> Asthma	
<input type="checkbox"/> Blood Disorder/Blood Clots	
<input type="checkbox"/> Bladder Problems	
<input type="checkbox"/> Cancer type: _____	
<input type="checkbox"/> Colitis/Crohn's Disease	
<input type="checkbox"/> Connective Tissue Disease (Lupus)	
<input type="checkbox"/> COPD/Emphysema	
<input type="checkbox"/> Congestive Heart Failure	
<input type="checkbox"/> Depression/Anxiety	
<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Heart Condition (Afib, Heart Attack)	
<input type="checkbox"/> High Blood Pressure	
<input type="checkbox"/> High Cholesterol	

	Date
<input type="checkbox"/> Jaundice/Hepatitis Type _____	
<input type="checkbox"/> Kidney Disease	
<input type="checkbox"/> Liver/Gallbladder Disease	
<input type="checkbox"/> Measles/Mumps/Rubella/Chicken Pox	
<input type="checkbox"/> Mental Illness	
<input type="checkbox"/> Migraine Headaches/Frequent Headaches	
<input type="checkbox"/> Seizure Disorder	
<input type="checkbox"/> Sexually Transmitted Diseases (Herpes, AIDS)	
<input type="checkbox"/> Skin Disease (eczema, psoriasis, hives)	
<input type="checkbox"/> Stroke	
<input type="checkbox"/> Thyroid Problem	
<b>Other medical problems not listed (add below)</b>	

Name (First & Last) \_\_\_\_\_ Acct. # \_\_\_\_\_

**Social History:**

Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Preferred Language: \_\_\_\_\_

**Marital Status:**  
 Married    Single  
 Divorced    Separated  
 Widowed  
 Domestic Partner

**Living Arrangements:**  
 Alone    With Spouse  
 With Significant Other  
 Supervised Living  
 Other \_\_\_\_\_

Do you have children?  Yes    No  
 If yes, how many children: \_\_\_\_\_

➤ **Advance Care Planning (ACP) is an ongoing process of learning about the choices we each have for our future medical care.**

**Please check if you have any of the following as part of your ACP:**

Organ Donor Card    Health Care Proxy    Power of Attorney    Living Will

**\*\*If you have signed any of these legal documents, please bring copies to your next appointment**

Would you like more information on any of these?  Yes    No

➤ Do you have Do Not Resuscitate Forms?  Yes    No

➤ Is there someone who you would like to list as your primary contact regarding your healthcare?  Yes    No

If yes, Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

➤ **Occupation** (previous if retired): \_\_\_\_\_ Employer: \_\_\_\_\_  
 Retired

➤ **Do you now or did you ever:**

Smoke cigarettes/cigars/pipes/vaping/chewing tobacco  Yes    No Pack/Day \_\_\_\_\_ #YRS \_\_\_\_\_ When Quit \_\_\_\_\_

Consume Alcohol?  Yes    No   Drinks/day \_\_\_\_\_ Drinks/week \_\_\_\_\_ When Quit \_\_\_\_\_

Use Illegal Drugs?  Yes    No Which ones? \_\_\_\_\_ When Quit \_\_\_\_\_

➤ **List month/year you last had:**

\_\_\_\_\_ Flu Vaccine   \_\_\_\_\_ Hepatitis Vaccine   \_\_\_\_\_ Pneumonia Shot   \_\_\_\_\_ Tetanus Shot   \_\_\_\_\_ TB Test (PPD)

\_\_\_\_\_ Eye Exam   \_\_\_\_\_ Dental Visit   \_\_\_\_\_ Stool Blood Test   \_\_\_\_\_ Rectal Exam   \_\_\_\_\_ Colonoscopy/Sigmoid Exam

**MALE ONLY:**

Last PSA screening: \_\_\_\_\_ Last prostate exam: \_\_\_\_\_

**FEMALE ONLY:**

Age at First Menstrual Period \_\_\_\_\_ If still menstruating, date of last period \_\_\_\_\_

Age at Menopause \_\_\_\_\_ Have you ever taken birth control pills?  Yes    No How Long \_\_\_\_\_ Yrs

Do you now use birth control?  Yes    No Type \_\_\_\_\_

Have you ever taken fertility drug treatments?  Yes    No

Have you ever taken hormone replacements?  Yes    No How Long \_\_\_\_\_ Yrs

Are you currently taking hormone replacements?  Yes    No Type \_\_\_\_\_

Number of Pregnancies \_\_\_\_\_ Number of Live Births \_\_\_\_\_ Age at first childbirth \_\_\_\_\_

Did you breast feed?  Yes    No How Long \_\_\_\_\_

Name (First & Last) \_\_\_\_\_ Acct. # \_\_\_\_\_

**FEMALE ONLY CONTINUED:**

Year of Last: \_\_\_\_\_ Pap Test Normal Abnormal  
 \_\_\_\_\_ Breast Exam Normal Abnormal  
 \_\_\_\_\_ Mammogram Normal Abnormal

Do you perform monthly self-breast exam? Yes No

**FAMILY HISTORY**

Relative	Alive or Deceased	EVER HAD CANCER?	Age at Cancer diagnosis	Type of Cancer (breast, colon, lung, etc.)	Other Medical Problem (heart disease, diabetes, etc.)
Biological Mother	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
Biological Father	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
Maternal Grandmother	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
Maternal Grandfather	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
Paternal Grandmother	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
Paternal Grandfather	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			

**BIOLOGICAL SIBLINGS**

1.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
2.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
3.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
4.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
Additional:					

**BIOLOGICAL CHILDREN**

1.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
2.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
3.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
Additional:					

**OTHER RELATIVES (ex. cousin, aunts/uncles)**

1.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
2.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			
3.	<input type="checkbox"/> A <input type="checkbox"/> D	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> UNKNOWN			

ARE YOU **CURRENTLY**  
EXPERIENCING ANY  
OF THE  
FOLLOWING?  
CHECK **ALL** THAT APPLY.

▼ Office Use Only ▼

**CONSTITUTIONAL**

- No problems or concerns
  - Recent weight loss
  - Recent weight gain
  - Fevers / Chills
  - Night sweats
  - Excessive itching
  - Food supplements
  - On a diet now *Type* \_\_\_\_\_
- \_\_\_\_\_ Number of meals daily

**EYES**

- No problems or concerns
- Glaucoma
- Cataracts
- Vision loss
- Other: \_\_\_\_\_

**EAR, NOSE, MOUTH, THROAT**

- No problems or concerns
- Hearing loss
- Dental problem
- Hoarseness
- Nose bleeds
- Other: \_\_\_\_\_

**CARDIOLOGY**

- No problems or concerns
- High blood pressure
- Heart murmur
- Rapid / Irregular heart beat
- Chest pain / Tightness
- Pacemaker / Defibrillator
- Ankle swelling
- Leg cramps at night
- Other: \_\_\_\_\_

**RESPIRATORY**

- No problems or concerns
- Asthma / Bronchitis / Emphysema
- Shortness of breath
- Cough that produces blood
- Other: \_\_\_\_\_

**GASTROINTESTINAL**

- No problems or concerns
- Loss of appetite
- Heartburn or indigestion
- Stomach pain or discomfort
- Frequent nausea / Vomiting
- Recurrent diarrhea / Constipation
- Bloody stools
- Black, tarry stools
- Difficulty swallowing
- Other: \_\_\_\_\_

**GENITOURINARY**

- No problems or concerns
- Difficulty urinating
- Frequent / Painful urination
- Recurrent bladder infection
- Vaginal itching / Discharge
- Sexual problems
- Blood in urine
- Other: \_\_\_\_\_

**MUSCULOSKELETAL**

- No problems or concerns
- Difficulty walking
- Joint aches or stiffness
- Painful legs / Feet
- Back ache / Pain
- Other: \_\_\_\_\_

**NEUROLOGIC**

- No problems or concerns
- Difficulty concentrating
- Headache
- Dizziness / Fainting / Blackouts
- Numbness hands / Feet
- Seizures / Convulsions
- Memory changes
- Other: \_\_\_\_\_

**PSYCHOSOCIAL**

- No problems or concerns
- Nightmares
- Anxious / Nervous
- Trouble sleeping
- Lonely / Depressed
- Work / Family problems
- Tire easily
- Other: \_\_\_\_\_

**ENDOCRINE**

- No problems or concerns
- Thyroid problems
- Blood sugar problems
- Excessive sweating
- Other: \_\_\_\_\_

**SKIN / BREAST**

- No problems or concerns
- Sores / Rashes
- Moles
- Nipple discharge
- Change in breast size
- Lump / Pain
- Other: \_\_\_\_\_

**HEMATOLOGIC / LYMPHATIC**

- No problems or concerns
- Easy bleeding / Bruising
- Anemia or blood problem
- Frequent infections
- Swelling of glands
- Swelling of hands / Feet
- Other: \_\_\_\_\_

**ALLERGIC / IMMUNOLOGIC**

- No problems or concerns
- Facial swelling
- Tightening of throat
- Hives
- Other: \_\_\_\_\_

*(Please do not forget to complete right side column)*

M.D. Signature \_\_\_\_\_

Date \_\_\_\_\_